



Professional Dementia Care Training

CONTACT

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Jonna Phelps, LCPC, CMC, CDP, CADDT

As a Licensed Clinical Professional Counselor, Certified Care Manager, Certified Dementia Practitioner, and Certified Alzheimer's Disease and Dementia Care Trainer through the NCCDP, I bring a comprehensive, real-world perspective shaped by experience in community-based organizations, hospitals, and long-term care settings.

I specialize in delivering dynamic, practical dementia care education that moves beyond theory. My training equips caregivers and professionals to identify unmet needs, respond effectively to behavioral changes, and foster meaningful emotional connections.

Participants leave each session with actionable strategies they can immediately apply to improve care delivery, reduce caregiver stress, and enhance the quality of life for individuals living with dementia.

TRAINING & EDUCATION OFFERINGS

1-HOUR IN-SERVICES & CEU PROGRAMS

Engaging, practical, and designed for real-world impact—our one-hour in-service training and CEU classes cover a wide range of dementia care topics, including the Illinois-mandated one-hour Alzheimer's Disease Training. Each session is fully customizable to meet your organization's unique needs, helping your team build confidence, improve communication, and deliver compassionate, person-centered care.

- ✓ Alzheimer's Disease: An Inside Look
- ✓ State-Required Dementia Training (Illinois compliant)
- ✓ Effective Communication Strategies
- ✓ Understanding Behavior & Unmet Needs
- ✓ Cognitive Remediation: A Workout for the Brain
- ✓ Validation vs. Reality Orientation
- ✓ Anxiety & Depression in Older Adults
- ✓ Sexuality & Intimacy in Aging
- ✓ Person-Centered Dementia Care
- ✓ Family Dynamics & Caregiver Support

FAMILY EDUCATION PROGRAMS

Customized educational sessions designed for families and caregivers navigating dementia. These compassionate sessions provide practical strategies and meaningful information to support loved ones with confidence throughout their journey.

ALZHEIMER'S & DEMENTIA CARE SEMINAR (7 CEUs)

This 8-hour class provides healthcare professionals with fundamental information on Alzheimer's Disease and dementia care. This class is the required seminar for those pursuing Certified Dementia Practitioners certification and those who qualify through the National Council of Certified Dementia Practitioners. To see if you qualify, please visit the NCCDP website at www.nccdp.com.

- ✓ Certified Dementia Practitioner (CDP)
- ✓ Certified Dementia Care Specialist (CADDCT)
- ✓ Alzheimer's Disease & Dementia Care Training

**LET'S WORK TOGETHER TO ELEVATE CARE,
STRENGTHEN YOUR TEAM,
AND MAKE A MEANINGFUL IMPACT.**

Now booking on-site trainings and events
Contact me today to schedule your next training!

708-508-2976 www.jonnaphelps.com